

Rules of Competition



27 – 29 March 2026

City Football Academy Melbourne

Casey Fields

369 Casey Fields Boulevard

Cranbourne East VIC 3977

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1. STRUCTURE OF COMPETITION

1.1 COMPETITION FORMAT

The tournament will be played as show on table 1

Table 1 - Tournament Structure

	U7	U8 & U9	U10-U13	U14-U17
Player Numbers	5v5 (with GK)	7v7	9v9	11v11
Field size	30m x 20m	40m x30m	60m x 40m	Full Pitch
Goal size	2mX1m	3mX2m	5mX2m	7mX2m
Ball Size	3	3	4	5
Playing Time	2x15min		2x15min	2x20 min
Maximum players on the bench	5	5	5	7
Maximum number of registered players	Unlimited			
Offside	No	No	U10-11: No U12-13: Yes	Yes
Format	Round robin. No ladders/ playoffs. All players get participation medals	Group games and play-offs		

Some important rules to note for all Miniroos games (U7-U11) are:

- All free kicks are indirect, except for penalty kicks
- Throw ins to restart play when the ball goes over the sideline
- Goalkeepers are not allowed to kick the ball directly out of their hands after they have gained possession, they must throw it or place it on the ground to kick it. Once the ball is on the ground, it is “live” and GKs can be tackled.

All other rules as noted under the Miniroos FFA rules apply for the U7-U11. Football Victoria Rules for U12 and U13 age groups. All other rules as noted under the FIFA Laws of the Game for the U14 – U17 age groups.

[Miniroos Rules](#)

[Football Victoria Rules of Competition](#)

[FIFA Laws of the game](#)

The Tournament reserves the right to modify the playing conditions above to facilitate a suitable competition for a particular age group.

1.2 FINAL PLACINGS

Final placing of teams after pool games is decided by applying the following:

1. Team with the most points
2. Best Goal Difference
3. Most Goals For
4. Least Goals Against
5. Team with the most wins

If all of the above is equal, then the following will occur:

1. The result of the game between the two equal teams
2. If the teams still cannot be separated, a coin toss will take place between the two teams.

1.3 GROUP PLAY-OFFS AND GRAND FINALS

In the event of the Play Offs and/or Grand Final being drawn at full time, a penalty shoot out will be conducted in accordance with FIFA regulations. Best of 5 Penalties.

2 MATCH POINTS

Match Points are awarded as follows:

- Win 3 points
- Draw 1 point
- Loss 0 points
- Forfeit 3 points and 3-0 to opposing side

3 PLAYER REGISTRATION

3.1 TEAM SHEETS

All players need to be registered via the Cup Manager online system which can be accessed under the Team Login menu on the Macca's City Cup website www.maccascitycup.com.au

Registrations must now be completed by the players parent/guardian and not by the team manager. Team Managers are responsible to ensure that each player has registered. Only players listed on the team sheet will be allowed to play.

All team sheets must be completed online before your first game. Please ensure all players have with them proof of identification that includes a photo and date of birth.

Each player is required to have a number on their playing shirt that matches up with the team sheet.

If you are asked to provide proof of a players age you must do so with appropriate documentation that can be in the form of FFA ID card, school ID, passport, birth certificate (with accompanied labelled photo), learners permit or drivers license where applicable.

If the opposing team requests for one of your players to prove their age and reasonable proof is unable to be provided, the player in question will not be allowed to participate in that game. The required proof will be at the discretion of tournament management.

Players who are overage and are requesting to be considered to play in a younger age group must submit an overage player application for consideration by tournament management. Further details on the application process can be found below.

3.2 AGE CATEGORIES

The age categories and requirements for the tournament are:

- Under 7 Born in 2019
- Under 8 Born in 2018
- Under 9 Born in 2017
- Under 10 Born in 2016
- Under 11 Born in 2015
- Under 12 Born in 2014
- Under 13 Born in 2013
- Under 14 Born in 2012
- Under 15 Born in 2011
- Under 16 Born in 2010
- Under 17 Born in 2009

Players who provide written authorisation from their local federation can be offered dispensation to play in a younger age group. Should the local federation not be able to provide written confirmation, a letter from the club president can be considered.

Repeated offending teams will be disqualified and affect the participation of their other club's teams at future events at the discretion of tournament management.

Any age dispensation requests need to be submitted to tournament management at least 15 days before the tournament.

Overage players will only be allowed in limited circumstances. Please see the table below outlining which age categories will permit overage players.

Age Group	Maximum Overage Players
U7 Mixed	1 (born in 2018)
U12 - U16 Boys	None
U8 - U11 Boys	1 with conditions
All Girls age groups	Case-by-case basis

U7 Mixed division will permit one (1) player who is 12 months older than the permitted age cut off (i.e. the player can be born in 2017).

U12, U13, U14, U15 and U16 Boys divisions will not cater for overage players. However, we may honour players with existing dispensations from their local league or Football Victoria at our discretion, provided evidence of dispensation is provided.

U8, U9, U10 and U11 Boys divisions will be able to apply for 1 dispensation per team as follows:

All Girls divisions do not have a limit however will be reviewed on a case-by-case basis.

It is important to note that the following conditions must apply for a dispensation to be considered:

- The player be registered in the 2026 winter season with the team that's making the dispensation request
- The reason for the inclusion of the player in the team must be submitted.

- A note attesting this is the case on official club letterhead signed by the President or Technical Director will need to be submitted via email to registrations@footballscool.com.au
- If a Football Victoria (or equivalent) written dispensation has been granted it is to be emailed to registrations@footballscool.com.au

All requests must be completed online via Cup Manager when registering the player and any supportive documentation must be submitted by email to registrations@footballscool.com.au

Female players are allowed to play in boys' age groups one year younger than the age cut off without dispensation. The system will still flag the player as overage so application will still need to be completed online however will be approved. Please state that it is a female player when asked for a reason.

Overage players cannot play until they have been officially approved in the Cup Manager portal. Tournament Management reserves the right to apply any conditions it deems reasonable.

Team managers and coaches must ensure all players are the correct age for their age group and have the necessary documentation in case they are required to provide it to prove a player's age. Please refer to section 3.1 for details.

Players are allowed to participate in more than one team, as long as they are not in the same age group and they meet the necessary age requirements. i.e. an U12 player can play in an U13 and U12 comp but not in two U12 teams regardless of Copa or Liga.

Girls teams are eligible to play in a younger boys' age group at the discretion of Tournament Management. For example, an U14 girls team can play in an U13 boys' age group, where a suitable girls competition is not available. If the next available age group in the boys' competition is not offered, the team may be placed in an alternative category in order to provide the most appropriate level of competition to the teams involved with approval from tournament management.

Players are allowed to participate in more than one team, as long as they are not in the same age group and they meet the necessary age requirements. i.e. a U12 player can play in the U13s comp and the U12 comp.

3.3 OVERAGE PLAYER CHECKS

The procedure for ID Checks that **must be** followed is:

1. The Team Manager is to approach the nearest event staff member and request that you would like to request an ID Check on a particular player(s). Under no circumstances should this be done directly with the opposition and will only be done on individual players, not on whole teams.
2. An official ID Check Form will need to be completed via the Shepparton Cup App. A \$50 admin fee will be charged per player.
3. Once the payment has been made, the Team Manager shows the receipt to the staff member. Event staff will conduct the ID check with the team in question.
4. If the player in question provides all necessary documentation, and is found to be of the correct age, the \$50 will not be refunded.
5. Should the player not be able to provide adequate documentation, or is found to be overage, the \$50 will be refunded. The player will not be allowed to play if the game has not started, or will be withdrawn from the game.

The Team Manager making the request is required to notify a ground staff member as soon as they suspect that an overage player is playing in the match, or intending to play the match, and you wish to conduct the check. You should not wait for the outcome of the game to make the request.

Digital or printed copies of the required documents will be accepted provided they are in colour, clear and legible. Please ensure a team official has this available for each player at each match if requested by tournament staff.

Any teams that are found to be providing incorrect documentation or purposely playing older players to gain an unfair advantage will receive a 0-3 loss for any games the older players participated in. The ineligible players will also be disqualified from the tournament and offending teams may be disqualified from the tournament and other affiliated events. These actions may also jeopardise the participation of other teams from the same club at future affiliated events at the discretion of Tournament Management.

3.4 COPA AND LIGA COMPETITIONS

Some of the age groups have been classified into Copa and Liga competitions. These have been set up to help place teams in their appropriate level and make the games more competitive.

Copa competitions are for NPL, Kangaroo, CPL and A level teams and the Liga is for Wallabies, Joeys and B-D level teams as well as regional teams that play in a non-metro competition..

For teams coming from outside of Victoria, high level teams (NPL and the highest grades of community football) should participate in the Copa division. Contact us prior to registering if you are unsure on which division to enter.

Teams who choose to play in Liga competitions are required to provide a signed letter from the Club President or Technical Director stating that the team is entered into an eligible competition for the Winter 2026 Season. No letter is required from regional teams that play only in their local area competition.

Non-club teams (such as academy teams) are required to enter into to Copa competition unless approval is granted in writing by the Tournament Management Team prior to registering. Any requests can be emailed to registrations@footballscool.com.au.

Please note Kangaroos/A/NPL players are not eligible to play in other Liga competitions unless written permission is granted. Please email registrations@footballscool.com.au if you need to discuss your teams playing level as soon as possible. Once competitions fill it may be hard for us to change team levels due to capacity.

3.5 ELIGIBILITY

To be eligible to participate in the tournament players must:

- Comply with the age eligibility requirements as per section 3.2
- Comply with the Liga eligibility requirements as per section 3.4
- Be registered on an allocated team sheet for the participating team.
- If registered in more than one team, it must not be in the same age group.
- Ensure that the team has arranged full payment.
- Failure to comply with the eligibility criteria may result in the whole team being disqualified and expelled from competition.

3.6 INCOMPLETE SQUAD COMPLIMENTS

Squads with incomplete compliments are still required to participate in their scheduled matches. The opposition team does not have to reduce their numbers accordingly however can choose to do so.

Players from younger age groups can play up an age group to lessen this problem but must be registered in both teams.

Players from another team that participates in the same age group cannot be used

3.7 INSURANCE COVER

3.7.1 PUBLIC LIABILITY

The tournament has a \$20,000,000 Public Liability Insurance and has ensured the venue that stages match have adequate Public Liability Insurance.

3.7.2 PERSONAL INJURY

The tournament **does not offer** player accident insurance cover to any participant; players, parents and coaches choose to participate in the tournament at their own risk and will be liable for the costs that arise from suffering injury whilst participating.

If playing in the tournament for a registered and financial Football Victoria affiliated club, you may be covered under Football Victoria's Insurance Policy. Please contact Football Victoria or your club for any enquiries.

4 TOURNAMENT RULES

4.1 PLAYER UNIFORMS

Each player is required to have a number on their playing shirt that matches up with the team sheet.

Should uniform colours clash, it is the responsibility of the away team to wear an alternate colour

All first named teams in the fixture will be deemed the "Home" team and therefore will play in their colours. It is the responsibility of the away team to change strips. If there is still a clash, bibs will need to be used by the away team. Please note that the tournament does not provide bibs.

Goalkeepers may wear any colour provided it does not clash with either team's outfield players.

4.2 MATCH BALLS

Match balls will be provided and only the provided match balls can be used for matches.

- Size 3 balls will be used for U7, U8 and U9s competition
- Size 4 balls will be used for U10, U11s, U12s and U13s boys and girls competition.
- Size 5 balls will be used for all other age groups

Match balls cannot be changed during that match without the permission of the referee.

4.3 REFEREES

Qualified referees will be provided and appointed.

All the decisions of the match referee are final and binding as far as the result of a match is concerned, and no protest can be lodged on referee decisions.

Under no circumstances are supporters allowed to approach, question or criticise referees during the tournament.

Any misconduct towards referees will not be tolerated and may result in teams losing points or being disqualified from the tournament and may affect future participation of teams from the same club. Any serious incidents will also be reported to Football Victoria who may choose to take additional action.

4.4 ASSISTANT REFEREES

No club supplied lines people can be used in any match and offside decision making will lie solely with the on-field referee. This has been common practice in European junior tournaments for many years.

Official referees may be appointed as Assistant Referees in 11v11 Grand Final or other finals matches if available

4.5 TOURNAMENT OFFICIALS

There will be Tournament Officials wearing branded apparel located on all fields to enable easy identification in case information needs to be relayed or clarification needs to be provided to coaches, parents or referees.

Any higher-level issues can be directed towards the Information Desk.

We ask all players, coaches, supporters and parents to respect and work with event officials to ensure a better experience for all involved in the tournament. Players, officials and supporters found to be displaying aggressive or abusive behaviour towards Tournament Officials may be subject to disciplinary action.

4.6 TECHNICAL AREAS

All fields will have clearly designated technical areas. These areas will be clearly identifiable by permanent or temporary fencing and/or ropes as well as signs.

Each team will be provided 3 ID lanyards for a coach, assistant coach and team manager to enter the Technical Areas for their respective game. Tournament officials will only grant access into the Technical Areas to those who are clearly displaying an official lanyard.

Team Officials (coaches and managers), with official event lanyards, are allowed within the technical areas however cannot enter the field of play unless approval is given by the referee (such as to attend an injured player).

Spectators are not permitted to enter the technical area at any time and will have full view of the games from behind the ropes or fences. Spectators will be required to stand clear of clearly marked out technical areas and must comply with any requests by the referee or Tournament staff in regards to this. If unsure of where the technical area is located below approach the closest staff member.

When permitted players or officials enter the technical areas, they may only do so via the clearly designated gates.

These rules are to ensure the game is able to proceed without obstruction and in a safe environment for players, team officials and referee. Please ask your supporters to respect the Technical Areas and all officials.

Where supporters enter the field of play the match, will immediately be suspended and may result in the match being forfeited by the offending team.

4.7 SCORE SIGNOFF

Immediately at the conclusion for each game a tournament official will obtain the official score from the referee.

The official will require the coach or team manager from each team to sign off the game card before the score of the game is submitted.

Coaches are reminded not to leave the field without signing off the game card to make the score official.

5 GAMES FORMAT

5.1 FORFEIT

If a team is not on their allocated pitch ready to start five minutes after their scheduled kick off time, they will forfeit the game, and a 3-0 loss will be listed as the official result for that particular game.

5.2 INJURY TIME

Generally, injury time will not apply however the referee and tournament officials reserve sole rights to add on injury stoppage time at their discretion only where there has been a significant stoppage in play.

5.3 INTERCHANGE OF PLAYERS

Interchanges may only take place during a stoppage in play and with the referee's permission.

Each team can make an unlimited amount of interchanges in any given fixture provided they only have a maximum of 5 players on the bench for 5v5, 7v7, 9v9 and 7 players for the 11v11 games.

5.4 ROUND GAMES AND FINALS FORMATS

Teams will be placed in groups where they will play a round robin format and accumulate points. Please refer to the fixtures for further information on the progression from the group phase to the knock-out stages. This will be confirmed once all groups are finalized. Most teams will play at least one finals match.

All tied finals matches at the end of regulation time will proceed straight to a penalty shootout with best of 5 shots.

5.4.1 CUP AND PLATE

After the round robin games, for some of the age groups the teams are split into the Cup and the Plate knock-out phase of the tournament. Cup being for the higher placed teams and plate for the lower placed teams.

The winning team of the Cup and Plate will receive a trophy and the players will receive medals, the runners up will receive medals. Depending on the number of teams, additional finals divisions may be created.

6 DISCIPLINARY ISSUES

6.1 RED AND YELLOW CARD OFFENCES

Red and yellow cards can be issued during a match at the discretion of the referee to players and team officials.

A person who receives a red card must serve a minimum of a 1-match suspension during the next match. If a match official is assaulted or extreme violent/abusive behaviour is demonstrated, then a further investigation will be conducted and offenders may receive an additional suspension from the tournament or other tournaments run by the Australian Football Skool, Sports Group Melbourne or Melbourne City.

If the whole team demonstrates repeated breaches of the code of conduct, they will be expelled from the competition and may be banned from future tournaments run by the Australian Football Skool, Sports Group Melbourne or Melbourne City FC.

Yellow cards in different games will not be accumulated for suspension throughout the tournament. However repeat offenders may be suspended at the discretion of tournament management.

6.2 SPECTATOR AND TEAM OFFICIAL BEHAVIOUR POLICY

In recent tournaments we have seen a significant increase in poor behaviour by spectators and team officials towards referees as well as other supporters and players. We have even seen incidents of violence towards other spectators and abusive and discriminatory behaviour directed at kids as young as 8. These incidents have resulted in individuals and teams being suspended from the competition and future competitions run by the Australian Football Skool and Sports Group Melbourne, and referred to Football Victoria for further disciplinary action. There are also a number of clubs who are no longer able to register into our competitions due to previous incidents.

The event takes crowd behaviour seriously therefore inappropriate behaviour from spectators will not be tolerated. Treat others how you would like to be treated at all times.

Teams and Clubs will be held responsible for their supporter's behaviour. Matches may be forfeited at the referee and/or tournament officials' discretion. Teams may also be deducted points or disqualified from the tournament. Where multiple teams from a particular club are found to be displaying poor behaviour, tournament management reserves the right to suspend whole clubs from future Australian Football Skool, Sports Group Melbourne and Melbourne City FC tournaments.

Spectators must remain behind fences or roped areas at all times. Should spectators enter the field during a match the referees have the right to end the match immediately and the offending team will forfeit the match.

Under **NO** circumstances are supporters allowed to approach, question or criticise referees during the tournament. Referees make mistakes just like players do and should not be subject to abuse when they give up their time to ensure games can go ahead.

If you would like to report any behavioural issues during the tournament, please approach the nearest Ground Marshall immediately. Do not wait until after the match. You can also report incidents in writing via this link: [Incident/Complaint Form](#)

6.3 GRIEVANCE AND DISCIPLINARY COMMITTEE

A Grievance and Disciplinary Committee will be appointed to handle any disciplinary issues that occur during the tournament. This committee will be an independent group that will investigate where a red card is issued or a formal disciplinary report is filed against any individual attending the tournament. This may include reports filed against any player, team official, referee or spectator for any breach of the Code of Conduct or Melbourne City FC's Child Safeguarding Policy. A red card does not need to be issued for the committee to consider an incident where a report has been filed.

Evidence may be gathered on an incident via written statements or interviews from representatives from both teams involved, event staff, appointed referees and any independent witnesses who observed the incident. Video evidence can only be used where it is supplied from an independent party. Under no circumstances will video footage be accepted from parties associated with the incident. The committee will assess all available reports related to an incident before determining an outcome.

The committee has the jurisdiction to hand down penalties against any player, team official, spectator, team or club attending the tournament. Penalties may include warnings or suspension of individuals, teams or clubs attending the tournament from the current or any future event run by the Australian Football Skool, Sports Group Melbourne or Melbourne City FC. Please note the committee cannot impose penalties in competitions run by other bodies including Football Victoria competitions. The committee cannot withdraw any red cards issued in a game. This can only be done by the referee.

The nature of tournament football means that investigations may need to be conducted as quickly as possible before the next game that the teams involved in the incident are due to play however this is not always possible. If

a party is unwilling to submit reports regarding an incident by the requested time or comply with any reasonable request for a report, then the committee may assess the incident on the reports available to them at the time.

To ensure fairness to all parties, the committee may choose only to hand down penalties where there is matching evidence from multiple sources. Where there is not matching evidence, or the evidence is conflicting between reports, then the committee may not be able to issue penalties.

Decisions handed down by the committee are final and cannot be appealed however the committee may choose to reassess a decision if more evidence becomes available.

Please note that all reports are treated as confidential and will not be shared with other parties. Where the tournament receives a request for information from Victoria Police for any reports, then the committee will provide reports directly to the requesting officer.

7 OTHER IMPORTANT INFORMATION

7.1 EXTREME WEATHER CONDITIONS

In extreme weather conditions, tournament management or the appointed match official reserves the right to shorten, postpone, delay or abandon any fixture that in his/her opinion compromises player safety.

In extreme heat conditions, tournament management or the appointed match official reserves the right to include drink breaks at any time during a fixture. Matches may be, shortened, postponed or cancelled as a last resort.

In all circumstances, teams should wait for further instructions from tournament management on any resumption in play. If matches are able to be resumed and a team is unable to field a team due to players leaving the venue then they may forfeit the match.

7.2 BLOOD RULE

In the event a player from either team suffers an injury or wound which results in the loss of blood, the appointed match official will request that the injured player receive attention outside the field of play. Only when the appointed match official is satisfied that the injury or wound has been safely covered and contained, will the player be permitted to re-join the game.

In the event the player's uniform or attire contains with blood, the referee will instruct that player to change their attire before being permitted to re-join the game. Should the injured player be required to change their uniform, then the appointed match official will show discretion in allowing the player to wear an alternative numbered shirt if another shirt of the same number is unavailable.

7.3 JEWELLERY

In accordance with FIFA 'Laws of the Game', a player is forbidden to wear jewellery of any kind. Players wearing jewellery will be required to leave the pitch until such time as the offending jewellery is removed and the player has gained the Match Official's permission to re enter the playing area.

7.4 FIRST AID

First Aid staff will be on hand for the duration of the tournament. Taping and strapping will not be part of the duties of the First Aid Staff. If your team requires assistance from first aid staff please approach the nearest Tournament Official.

Ambulances may be called by First Aid staff in case of emergency. It is the responsibility of the player or official to ensure they have adequate ambulance cover.

7.5 ALCOHOL AND SMOKING

The consumption of alcohol is not permitted in the venue. Anyone found consuming alcohol will be instructed to discard the alcohol or leave the venue.

Smoking will not permitted around the pitches and should be kept to area designated for this purpose. In the case where there is no designated area; smoking is to be 20 metres away from any pitch when a game is in play and away from other tournament attendees or in line with any government legislation relating to junior sporting activities. Whichever is the greater distance will apply.

8 CODES OF CONDUCT

The below Codes of Conduct shall apply to all players, team officials and supporters at the tournament. By entering or attending this tournament, you agree to abide by the relevant Code of Conduct below.

Any breach of the relevant Code of Conduct shall be subject to disciplinary action by Australian Football Skool. This may include the offending individuals, teams and/or clubs being suspended and/or expelled from the premises and not be allowed into future events or programs operated by the Australian Football Skool, Sports Group Melbourne or Melbourne City FC.

8.1 PLAYERS' CODE OF CONDUCT

"For the good of the game"

- Winning at all costs isn't everything; at this age learning is more important than winning.
- I will only listen to my coaches' instructions during training and games. No one else.
- I will not engage in the use of crude, foul or abusive language that may be deemed offensive or engage in any conduct detrimental to the image of the game when on or off the field.
- I will never argue with the referee and/or assistant referees regarding decisions they make.
- I will treat participants, officials and spectators with respect.
- I will play by the laws of the game.
- I will cooperate with my coach, teammates, and referees and officials at all times.
- I will not use any banned substance or drugs throughout my involvement in the tournament.
- I will display good sportsmanship at all times.
- I will play for the fun of it and not just to please parents and coaches.

8.2 PARENT AND SUPPORTERS' CODE OF CONDUCT

"For the good of the game"

- Parents and supporters must never enter the field of play under any circumstances, this is a serious breach of the code of conduct and may result in heavy sanctions for your team and/or club
- Do not coach your child during training sessions and games. That's what the coaches are there for; it sends mixed messages to the players creating confusion.
- Do not interfere with training sessions, stay clear of training areas.
- Cheer and encourage the players at all times, including the opposition. Applaud good football all-round.
- Winning isn't everything. Players need to develop and learning is more important than winning.
- Remember that children play sport for their enjoyment, not yours.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best by example, applaud good play by all teams.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation of coaches, officials and administrators. Without them, your child could not participate.
- Respect the facilities that are being used.
- Keep clear from technical areas, benches and change rooms during games and tournament. This is the ideal time for coaches to teach players without any interference
- Always follow the instructions of the referee and/or tournament staff

8.3 TEAM OFFICIALS' CODE OF CONDUCT

"For the good of the game"

- Remember that players participate for fun and winning is only part of the fun
- Never ridicule or yell at players for making mistakes or for not winning games
- Be reasonable in your demands on a player's time, energy and enthusiasm
- Always operate within the rules and spirit of the game and teach your players to do the same
- Ensure that the time players spend with you is a positive experience. All players are deserving of equal attention and opportunities
- Avoid overplaying talented players. Less developed players need and deserve equal playing time
- Ensure that the equipment and facilities meet safety standards and are appropriate to the age and ability of all players
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same
- Show concern and caution towards sick and injured players. Follow the advice of a doctor or tournament first aid staff when determining whether an injured player is ready to recommence training or competition games
- Coaches: Obtain appropriate coaching qualifications and keep up to date with the latest coaching practices and the principles of growth development and conditioning of junior players
- Any physical contact with a player should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every player regardless of their gender, sexual orientation, playing ability, cultural background or religion
- Refrain from over coaching during games, let the players play and learn from their own mistakes
- Set the example. Players look up to coaches as role models. Display behaviours that you want your players to follow.
- Always follow the instructions of the referee and/or tournament staff